# O Supreme Incursions 

 Rubber Band Car
## The aim

Grade 3-6

- To learn about tension and how it can cause movement.


## What you will need

Thick cardboard
Glue or tape
$2 \times$ wooden skewers (per child) -
4 large bottle caps, LEGO wheels or other round objects.
Small Philips head screwdriver or object to pierce
Blu Tack, playdough or glue gun


## Watch the Video

Scan the QR code to watch the instructions


## Follow these steps



Step 1 Cut a rectangle in the cardboard, approximately 20 cm long and 6 cm wide.
Step 2 Cut the straw into four pieces and stick two down at each end, with a gap in the middle.
Step 3 Push a skewer through each straw. Leave just enough room for the wheels.
Step 4 Create a hole in the centre of each wheel using your piercing device.
Step 5 Push the wheels onto the skewers, they should sit firmly so that the car doesn't wobble. Glue them in place with blu tack, play dough, or a glue gun.

Step 6 Tie a rubber band in the middle of one of the skewers
Step 7 Push a split pin through the middle of the cardboard, place the other end of the elastic band around the pin. Or stick it in place.

Step 8 Wind the back axel up tightly and then release! If your wheels spin without movement, increase the 'friction' by changing the material of the wheels and increasing the weight of the car!

## The Science behind it

When you create tension it becomes elastic potential energy (stored energy). When you release this stored energy it is converted into kinetic energy (the energy of motion) and the car is propelled forward. The car stops when all of the kinetic energy is used up. Friction on the wheels, air resistance, and gravity are other forces that act against the moving car. Use this information to adapt your car to make it faster. Think 'aerodynamic'. How can you reduce friction, weight, and resistance whilst increasing speed?

