



Supreme Incursions

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Task-Based Risk Assessment: Healthy, Happy Minds

Identify Task		Identify hazard	Potential Impact	Risk Rating before controls	Control Measures	Risk Rating following corrective action
1	All activities	Trips, slips and/or falls	Students could fall, trip or collide on/off equipment and/or with other students.	High	Position students so there is adequate space to move safely. Keep areas tidy as frequently as possible so equipment and materials do not accumulate on the floor.	Low
2		Equipment	Students could obtain injuries caused by inappropriate handling of equipment.	Medium	Clearly demonstrate and explain to students how to safely handle equipment. Advise staff of potential risks to assist with supervision.	Low
3			Students could choke on or ingest materials used in activities.	Extreme	Ensure students know that nothing is to be placed in their mouths during the incursion. Explain to staff to ensure adequate supervision.	Low
4		Pulled/cramped muscles or muscle sprains and strain	Injuries caused by students overworking their muscles and bodies.	Medium	Ensure students are warmed up and encourage breaks. Advise learners to work at own level of ability. Students/staff alert instructor to existing medical information. Instructor demonstrates and cues safe way to perform movements.	Low
4	Working outdoors	Uneven grounds	Students could slip, trip and/or fall resulting in injury.	High	Review area to determine if it's an appropriate and safe workspace. Ensure students are wearing appropriate footwear.	Low
5		Weather conditions	Students could experience sunburn, heat stress and/or dehydration.	Extreme	Ensure students are wearing appropriate personal protective equipment, such as a hat and sunscreen, to maximise coverage of skin. Ensure plenty of fluids are available. Where possible, take breaks.	Low



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In assessing the level of risk, considerations such as the likelihood of an incident happening in combination with the seriousness of a consequence are used to gauge the overall risk level for an activity. The matrix below has been used as a guide to assist with developing the risk assessment:

Likelihood	Consequence				
	1 Insignificant	2 Minor	3 Moderate	4 Major	5 Critical
5 Almost Certain	Medium	Medium	High	Extreme	Extreme
4 Likely	Low	Medium	High	High	Extreme
3 Possible	Low	Medium	High	High	High
2 Unlikely	Low	Low	Medium	Medium	High
1 Rare	Low	Low	Low	Low	Medium

Risk Level	
Low	Little chance of incident or serious injury.
Medium	Some chance of an incident and injury requiring first aid.
High	Likely chance of a serious incident and injury requiring medical treatment.
Extreme	High chance of a serious incident resulting in highly debilitating injury.